

# **PASSION FINDER 2.0**

Created by <u>Jeff Caliguire</u> / <u>The Leader Coach</u>

### **Why Passion Matters**

No, passion doesn't look the same for everyone. And "yes," it may change over time.

However, one of the most valuable things you will EVER invest in as you seek to find your way in career, legacy or in life period: unleashing an authentic, motivated, life-loving, energized, and fired up YOU! I really, really believe this. (Did I say "really?") Now is the time!

In the Bible, God promises to give us the desires of our heart. (Psalm 37:4) Have you invested adequate time in finding what those REALLY are?

Add a passionate and clearly focused you to any equation and things can change without forcing it. Life unforced with a clear rhythm and focus will make all the difference. Your Creator has given you all you need for this journey.

So first, congratulations on investing in growing you're your valuable asset. It says a lot about you that you are willing to explore WHO you really are and WHAT you want most. As you intentionally leverage passion and skills, then deploy those through your work and ventures, you will walk forward with confidence, clarity and courage.

This will take some self—reflection on your own, with a spouse, friend or coach—but be assured that that the benefits far outweigh the cost! Just in case you still seek more reasons why this is worthwhile, other benefits for gaining passion-clarity:

- Intentionally combine your passion and skill with your daily work.
- Say "yes" to things that empower, utilize or express your true you.
- Give a guilt-free "no" to things outside of your "passion zone"
- Connect with others who share your passion!
- Come alive as you live more days engaged in your passion.

I love the words of Danish theologian Soren Kierkegaard, and think they apply to this process. "Now, with God's help, I shall become myself."

May you experience this in this season and may it last for the rest of your life!

Jeff Caliguire,

President and Lead Coach, The Leader Coach and We Train Coaches



Passion is so key to leading and creating excellence that I will hire passion over education or talent every time. I prefer to have both, but given a choice I will take passion.

Dave Ramsey

# Instructions

Write the answers for each of these in the box below. Just write what comes to mind. Don't sweat it or overthink your answers. And if you can't come up with anything, try coming back to it.

Then when you have completed these, review your words and circle the ones you feel real energy around. You will then use these to help you create a passion statement at the end or Passion Finder 2.0.

## Your Excitement

What do you get excited about?

# Your Pleasure

What's one thing you never get tired of doing?

Great dancers are not great because of their technique; they are great because of their passion.

Martha Graham

#### **Your Pain**

What areas of pain have that you experienced in your life or seen firsthand in others?

#### **Your Irritations**

What really bugs you? In other words, what makes you get upset or pound your fist on a table or wish "someone should do something about this!?"

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### **Your Tears**

What brings tears to your eyes? Maybe even unexpected tears? What were you doing? Thinking about? Hearing? Watching?

# **Your Curiousity**

What topics or subjects make you really curious? What typically seek to learn more about?

### **Your Energy**

What would you do that you would never need to get paid to do... just because you love it?

Calling is the place where your deepest gladness meets the world's deepest needs.

Frederick Buechner

# **Your People**

What people or people groups do you really want to help or influence?

#### **Your Place**

Where do you SO love being or want to be that you could spend many years there?

#### **Your Activities**

What have you been doing when you feel more alive, energized and motivated after you've been doing this?

#### **Your Zone**

What are you doing when you are SO immersed, engaged or focused that you lose track of time?

# Your Change

What do you REALLY wish were different?

The most untutored person with passion is more persuasive than the most eloquent without.

François de La Rochefoucauld

# **Your Generosity**

If you had 10 million dollars to give away by the end of the week.... and could only give it to one cause, charity or organization, who/where would you give it?

#### **Your Time**

If you won \$100 million and never had to work, what's one significant thing you would want to do with your time?

### **Your Inspiration**

Who inspires you? Who do you look up to?

# Your Belief

What do you believe deeply?

Take delight in the LORD, and he will give you your heart's desires.

Psalm37:4

#### **Your Revolution**

If you were to create one revolution that lived on long after you were gone, what would that revolution be?

# Summary

Now go back through your answers and circle the main words you feel real energy about? WHO are you passionate about? WHAT are you passionate about?

# **Passion Statement**

Create a Statement of Your Passion. Finish the sentence starting .. My passion....

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